



## Evening Prayer in Lockdown 14<sup>th</sup> – 20<sup>th</sup> Feb. 2021

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

**A HYMN** (*to be recited*)

God, of thy pity, unto us thy children  
Bend down thine ear in thine own loving kindness,  
And all thy people's prayers and vows ascending  
Hear, we beseech thee.

Look down in mercy from thy seat of glory,  
Pour on our souls the radiance of thy presence,  
Drive from our weary hearts the shades of darkness,  
Lightening our footsteps.

Free us from sin by might of thy great loving,  
Cleanse thou the sordid, loose the fettered spirit,  
Spare every sinner, raise with thine own right hand  
All who are fallen.

Glory to God the Father everlasting,  
Glory for ever to the Sole-begotten,  
With whom thy Holy Spirit through the ages  
Reigneth co-equal

### **PSALM 118 (119) verses 105-112**

Your word is a lamp to guide my feet,  
a light for my journey.  
I have firmly sworn to keep your just laws.

Lord, I am greatly afflicted:  
revive me as you have promised.  
Lord, accept the vows I make,  
and teach me your judgements.

I hold my life in my hands,  
I remember your laws.  
The wicked placed a trap for me,  
but I did not wander from your commandments.

Your decrees are my inheritance for ever,  
they are the joy of my heart:  
my heart is set on carrying them out,  
for ever, until the end.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

### **EXAMEN**

*Before listening to the Word of God take a moment to reflect:*

For what am I grateful to God today?  
Did I offend God today? If so, how? Say sorry to God.  
How might I do better tomorrow? Ask God for strength.

### **THE WORD OF GOD**

*The Word of God is taken from the Gospel read at Mass that day. It can be found in the Bible. After reading it, take a few minutes of silence to let the Word enter your heart.*

**Sunday 14<sup>th</sup> February** Mark Mk 140-50  
The leprosy left the man at once, and he was cured.

**Monday 15<sup>th</sup> February** Mark 8:11-13  
No sign shall be given to this generation.

**Tuesday 16<sup>th</sup> February** Mark 8:14-21  
Be on your guard against the yeast of the Pharisees  
and the yeast of Herod.

### **ASH WEDNESDAY**

**Wednesday 17<sup>th</sup> February** Matthew 6:1-6,16-18  
Your Father who sees all that is done in secret will reward you.

**Thursday 18<sup>th</sup> February** Luke 9:22-25  
Whoever loses his life for my sake will save it.

**Friday 19<sup>th</sup> February**      Matthew 9:14-15  
When the bridegroom is taken from them, they will fast.

**Saturday 20<sup>th</sup> February**      Luke 5:27-32  
Jesus comes not to call the virtuous, but sinners to repentance.

### **BIDDING PRAYERS**

Let us pray to our Father in Heaven who always hears our prayer.

– *Lord, in your mercy, hear our prayer.*

Father, as we begin this period of Lent, fill our hearts with hope, knowing that our sufferings will bring us to our resurrection.

– *Lord, in your mercy, hear our prayer.*

Father, may this period of Lent be a time of renewal for our family and for all your church.

– *Lord, in your mercy, hear our prayer.*

Father, as we voluntarily accept some penance for Lent, bring relief to all our brothers and sisters who see no end to their involuntary suffering.

– *Lord, in your mercy, hear our prayer.*

Father, as the lockdown continues, we pray for all children and young people whose education has been made so difficult.

– *Lord, in your mercy, hear our prayer.*

Father grant peace to all our departed brothers and sisters: may they enjoy new life in the company of your saints.

– *Lord, in your mercy, hear our prayer.*

*Take time to make your own prayer here.*

**Our Father...**

### **FINAL PRAYER**

Lord, be the beginning and the end of everything we do and say. Prompt our actions with your grace and complete them with your all-powerful help.

Through our Lord Jesus Christ, your Son, who lives and reigns with You in the unity of the Holy Spirit, one God, for ever and ever. Amen.

### **PRAYER TO OUR LADY**

Hail holy Queen, Mother of mercy,  
Hail our life, our sweetness and our hope.  
To thee do we cry, poor banished children of Eve;  
To thee do we send up our sighs,  
mourning and weeping in this valley of tears.

Turn then, most gracious advocate, thine eyes of mercy towards us,  
and after this our exile,  
show unto us the blessed fruit of thy womb, Jesus,  
O clement, O loving, O sweet Virgin Mary.

**May almighty God bless us, the Father, the Son and the Holy Spirit, Amen**

### **A PRAYER DURING LENT (CAFOD)**

God of all wholeness,  
heal our hearts  
of all that prevents us responding  
to our sisters and brothers  
excluded by poverty  
and prevented from living a full and healthy life.  
This Lent, may we:  
implore justice through our prayer,  
stand in solidarity through our fasting,  
and reach out through our giving.  
Send your life-giving power  
to revive the weary,  
restore the broken  
and renew the face of the earth.  
We ask this through Christ our Lord.  
Amen.



**ASH WEDNESDAY**