

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

A HYMN (to be recited)

Lord Jesus, think on me And purge away my sin; From earth-born passions set me free, And make me pure within.

Lord Jesus, think on me, With care and woe oppressed; Let me thy loving servant be, And taste thy promised rest.

Lord Jesus, think on me Nor let me go astray; Through darkness and perplexity Point thou the heavenly way.

Lord Jesus, think on me, that, when the flood is past, I may eternal brightness see, and share Thy joy at last.

PSALM (5)

A PSALM (90)

The one who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: "My refuge, my stronghold, my God in whom I trust."

Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in all your ways.

Since they cling to me in love, I will free them; protect them for they know my name. When they call I shall answer: "I am with you." I will save them in distress and give them glory. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen

EXAMEN

Before listening to the Word of God take a moment to reflect:For what am I grateful to God today?Did I offend God today? If so, how? Say sorry to God.How might I do better tomorrow? Ask God for strength.

THE WORD OF GOD

The Word of God is taken from the Gospel read at Mass that day. It can be found in the Bible. After reading it, take a few minutes of silence to let the Word enter your heart.

Sunday 28th February Second Sunday of Lent Mark 9:2-10 "This is my Son, the Beloved"

Monday 1st March John 8:31-32 "Your light must shine in the sight of all"

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Tuesday 2nd March Saint Chad Matthew 23:1-12 "They do not practise what they preach."

Wednesday 3rd March St. Katharine Drexel Matthew 20:17-28 "They will condemn the Son of Man to death"

Thursday 4th March Luke 16:19-31 Dives and Lazarus

Friday 5th March

St. Kieran

Matthew 21:33-46 "This is the Lord's heir, come let us kill him."

Saturday 6th March

Luke 15:1-3,11-32 The Prodigal Son

BIDDING PRAYERS

Let us pray to the Almighty and Merciful God – *Lord, in your mercy, hear our prayer.*

Grant peace to all those places where there is conflict. Enlighten the minds and hearts of those seeking to bring about peace.

- Lord, in your mercy, hear our prayer.

Be with Pope Francis as he prepares his visit to Iraq; strengthen his faith and may he bring courage to the Christians suffering persecution.

- Lord, in your mercy, hear our prayer.

Give enlightenment and strength to those who seek to bring about the changes necessary to save the planet from over-heating. Help us to give more respect and care to nature.

- Lord, in your mercy, hear our prayer.

Give health and new strength to those who are sick. Bless all who care for them.

- Lord, in your mercy, hear our prayer.

Grant peace to all our departed brothers and sisters: may they enjoy new life in the company of your saints.

- Lord, in your mercy, hear our prayer.

Take time to make your own prayer here.

Our Father...

FINAL PRAYER

God our Father, grant our humble prayer: free us from all harm that we may sleep in peace and rise in joy to sing your praise. Through Christ our Lord. Amen.

PRAYER TO OUR LADY

Pray for us, O Patroness, Be our consolation! Lead us home to see your Son, Jesus, our salvation! Gracious are you, full of grace, Loving as none other, Joy of heaven and of earth, Mary, God's own Mother!

May almighty God bless us, the Father, the Son and the Holy Spirit, Amen

PRAYER TO OUR LADY

Hail holy Queen, Mother of mercy, Hail our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve; To thee do we send up our sighs, mourning and weeping in this valley of tears.

Turn then, most gracious advocate, thine eyes of mercy towards us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O clement, O loving, O sweet Virgin Mary.

May almighty God bless us, the Father, the Son and the Holy Spirit, Amen

Do You Want to Fast This Lent?

Fast from hurting words and say kind words. Fast from sadness and be filled with gratitude, Fast from pessimism and be filled with hope, Fast from worries and trust in God, Fast from pressures and be prayerful, Fast from bitterness and fill your heart with joy, Fast from selfishness and be compassionate to others, Fast from grudges and be reconciled, Fast from words and be silent, so you can listen.

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--Pope Francis